



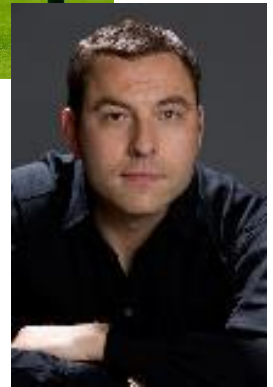
Ark Globe Academy



Growth Mindset

“People are born successful.” To what extent do you agree?

Mark your view on the scale below and explain why.



Do not agree at all

Completely agree

Stretch: Explain other factors that contribute to making people successful.

Growth Mindset Phrases

Plan "A" didn't work.

This may take some time and effort.

Good thing the alphabet has 25 more letters!

I give up.

What am I missing?

Is it really my best work?

I'm going to figure out how she does it.

I made a mistake.

Mistakes help me to learn better.

I'm going to train my brain in Math.

I'm on the right track.

I'll use some of the strategies we've learned. I'm awesome at this.

It's good enough.

I can always improve so I'll keep trying.

She's so smart. I will never be that smart.

I just can't do Math.

This is too hard.

I'm not good at this.

I can't make this any better.



10 Growth Mindset Statements

What can I say to myself?



INSTEAD OF:

I'm not good at this.

I'm awesome at this.

I give up.

This is too hard.

I can't make this any better.

I just can't do Math.

I made a mistake.

She's so smart. I will never be that smart.

It's good enough.

Plan "A" didn't work.

TRY THINKING:

1 What am I missing?

2 I'm on the right track.

3 I'll use some of the strategies we've learned.

4 This may take some time and effort.

5 I can always improve so I'll keep trying.

6 I'm going to train my brain in Math.

7 Mistakes help me to learn better.

8 I'm going to figure out how she does it.

9 Is it really my best work?

10 Good thing the alphabet has 25 more letters!

