

**Ark Globe Academy**  
**Reception Suggested Home Learning Routine**

We know every home is different, so this timetable is very flexible and designed to be supportive for all.

The compulsory learning tasks every day are the 4 online lessons you will find on Seesaw. All other learning activities can be found in your paper work pack.

If you require any support with home learning, please email your teachers.

<b>Time</b>	<b>Activity</b>
<b>8.00</b>	Wake up, get dressed and have breakfast
<b>9.00</b>	Learning Session 1 – Phonics – Seesaw video and task
<b>9.45</b>	Learning Session 2 – Maths – Seesaw video and task
<b>10.30</b>	Playtime – Take a physical break – Joe Wicks PE/outdoor walk/home workout
<b>10.45</b>	Learning Session 3 – English: Writing – Seesaw video and task
<b>11.30</b>	Learning Session 4 – Other subject lesson – Seesaw video and task
<b>12.15</b>	Lunchtime
<b>1.15</b>	DEAR – Read a book with an adult
<b>1.30</b>	Busy fingers
<b>1.45</b>	Spellings or Handwriting practice
<b>2.00</b>	Work pack activities of your choice: <ul style="list-style-type: none"><li>- Additional Phonics</li><li>- Busy Fingers</li><li>- Health &amp; Self-Care</li><li>- Physical Development</li><li>- Role Play and Personal, Social and Emotional Development</li><li>- Being Imaginative &amp; Expressive Arts &amp; Design</li></ul>
<b>3.30</b>	Finished for the day!