



Autumn Lunch Menu
 Week Commencing: 12 September 2022
 3 October 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
Meaty Mains	Thai Red Turkey Curry with Coriander, Lime and Creamed Coconut	Baked Beef Lasagne & Garlic Bread	Jamaican Style Jerk Marinated Chicken	Cumberland Pork Sausage or Oven Baked Chicken Sausage	Catch of the Day Battered Pollock Tartare Sauce
Veggie Mains	Thai Red Butter Bean Curry with Coriander, Lime and Creamed Coconut	Baked Vegetable and Lentil Lasagne & Garlic Bread	Grilled Vegetable Moussaka with Garlic Bread	Oven Baked Vegetarian Sausage with Onion Gravy	Black Bean Burger served with Tomato Salsa and Floured Bap
Sides	Sweet Corn and Pepper Fried Rice, and Crunchy Bean Sprouts and Cucumber Salad	Garden Peas, Stemmed Carrot, Garlic Bread	Coconut Rice and Beans, Fried Plantain, Sweet Corn	Mash Potatoes, Savoy Cabbage and Country Style Vegetables	Garden Peas, Baked Beans and Chips
Daily	Jacket potatoes and pasta with a selection of toppings are available daily				
Desserts	Vanilla Yoghurt with Apricot and Mixed Fruit Granola	Pear and Cinnamon Crumble with Custard	Chocolate Chip Cookies	Pineapple and Coconut Sponge	Vanilla Ice Cream
Cold Desserts	Fruit Salad, Yoghurt Pot	Fruit Salad, Yoghurt Pot	Fruit Salad, Yoghurt Pot	Fruit Salad, Yoghurt Pot	Fruit Salad, Yoghurt Pot
<p><i>We use halal meat</i></p> <p><i>All allergies or special dietary information are provided during lunch service, for more information please asks a member of catering team for assistance.</i></p>					