

Jigsaw RHE Curriculum Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Being Me in My World 	Celebrating differences 	Dreams and Goals 	Healthy Me 	Relationships 	Changing Me 
Year 1	I understand my rights and responsibilities within our Learning Charter.	I can tell you some ways I am different from my friends.	I can tell you how I felt when I succeeded in a new challenge and how I celebrated it.	I can tell you why I think my body is amazing and can identify some ways to keep it safe and healthy.	I can tell you why I appreciate someone who is special to me.	I can identify the parts of the body that make boys different to girls and can use the correct names for these.
Year 2	I understand how following the Learning Charter will help me and others learn.	I can identify some ways in which my friend is different from me.	I can explain some of the ways I worked cooperatively in my group.	I can make some healthy snacks and explain why they are good for my body.	I can identify some of the things that cause conflict between me and my friends.	I can recognise the physical differences between boys and girls, use the correct names for parts of the body and appreciate that some parts of my body are private
Year 3	I understand why creating a Learning Charter is important to help myself and others in the classroom.	I can tell you about the differences between me and my friends and celebrate these differences.	I can identify the steps I need to take to reach my goals and dreams.	I understand the difference between what is healthy and unhealthy, and I am able to change my behaviours.	I can notice and resolve conflict. From this, I can build strong relationships.	I can identify how bodies change on the inside and outside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up.
Year 4	I understand how democracy and having a voice benefits the school community.	I can tell you a time when my first impression of someone changed as I got to know them.	I know how to make a new plan and set new goals even if I have been disappointed.	I can recognise when people are putting me under pressure and can explain ways to resist this when I want to.	I can explain different points of view on an animal rights issue.	I can identify what I am looking forward to when I am older.
Year 5	I understand how democracy and having a voice benefits the school community and know how to participate in this.	I can explain the differences between direct and indirect types of bullying.	I can describe the dreams and goals of a young person in a culture different from mine.	I can describe the different roles food can play in people's lives and can explain how people can develop eating problems (disorders) relating to body image pressures.	I can explain how to stay safe when using technology to communicate with my friends.	I can describe how boys' and girls' bodies change during puberty.
Year 6	I understand how democracy and having a voice benefits the school community.	I can explain ways in which difference can be a source of conflict or a cause for celebration.	I can describe some ways in which I can work with other people to help make the world a better place.	I can evaluate when alcohol is being used responsibly, anti-socially or being misused.	I can recognise when people are trying to gain power or control.	I can describe how a baby develops from conception through the nine months of pregnancy, and how it is born.