



Ark Globe Academy

Summer Lunch Menu 2

Week beginning:
08/05/2023 & 26/05/2023

	Monday	Tuesday	Wednesday	Thursday	Friday
Meaty Mains	Chicken Casserole (G/CE)	Pasta Bolognaise (CE/G/MK)	BBQ Style Chicken (CE/MU/G)	Lamb Dopiaza With Naan Bread (E/G/MK)	Catch of the Day Battered Pollock Tartare Sauce (G/E/F)
Veggie Mains	Vegetable Pad Thai Noodles (SO/CE) Broccoli and Cauliflower Baked (G/MK/CE)	Penne Pasta with Vegetable and Beans Ragu (CE/G) Spinach and Potato Frittata (E/MK)	BBQ Quorn Fillet (CE/MU/SO) Stuffed Bell Pepper with Mediterranean Couscous (MK/G)	Vegan Chickpeas Curry Roasted Vegetable and Kidney Beans Enchiladas (MK/G/CE)	Vegan Mince Pie (G/SO) Cheese and Onion Parcel (G/MK)
Sides	Crushed Spiced New Potato Mexican Tomato Rice Salad Bar	Herbs and Garlic Slice (G) Sauteed Cabbage and Carrot Salad Bar	Roasted New Potato Corn on the Cob Salad Bar	Beans and carrot Garlic and Herbs Slice (G) Salad bar	Thick Cut Chips Baked Beans Sauteed Vegetable Medley Salad bar
Daily	Jacket potatoes with a selection of toppings, Fruit Salad and Yoghurt Fresh Baguette (Chicken/Cheese/Tuna) WRAP OF THE DAY				
Desserts	Fresh Fruit Salad Strawberry Jelly	Fresh Fruit Salad Lemon Drizzle Cake with lemon Curd Frosting (MK/G/E)	Fresh fruit Salad Vanilla Yogurt with Oat Granola (G/MK)	Apple and Pear Crumble with Custard (G/MK)	Ice-cream (MK) Fresh Fruit Salad
We use halal meat All allergies or special dietary information are provided during lunch service, for more information please asks a member of catering team for assistance.					
Allergens Key: CE-Celery, F-Fish, MK-Milk, N-Nuts, SO-Soya CR-Crustacean, G-Containing Gulten, Mo-Molluscs, P-Peanuts, SU-Sulphur Dioxide, E-Eggs, L=Lupin, MU-Mustard, SE-Sesame Seeds, *-May contain					