



|  | Monday   | Tuesday  | Wednesday                                     | Thursday   | Friday   |
|--|--|--|---|--|--|
| Meaty Mains  | Butter short crusty Steak and Onion Pie (H)                    | Rosemary Roast Chicken with lemon and Herbs (H)          | Classic Cottage Pie with Creamy Mash (H)      | Chicken Tikka Jalfrezi With fresh herbs. (H)           | Fish and Chips With lemon fresh tartar sauce.    |
| Veggie Mains   | Butter short crust vegetable and lentil pie (V)                | Spinach & cherry tomato flan                             | Quorn and Red Lentil Pie with Creamy Mash (V) | Chana Masala (Chick peas cooked in spiced curry sauce) | Butternut Squash served with Spinach, Lentils    |
| Sides  | Herb New Potatoes<br>Savoy Cabbage<br>Country Style vegetables | Roast Potatoes<br>Roast Carrots<br>Parsnips              | Green Beans<br>Winter Root Vegetables         | Lemon Rice<br>Turmeric Roasted Cauliflower<br>Carrots  | Chunky Chips<br>Minted Green Peas<br>Baked beans |
| One pot  | Pasta with Roast Tomatoes and Courgettes                       | Nasi Goreng Indonesian style fried rice with vegetables. | Penne served with Beef Bolognese(H)           | Noodles with Soya Chilly Chicken                       | Jollof rice with spicy chicken                   |
| Sweets   | Honey Yoghurt with Mixed fruit Salad Whole Oat Granola         | Chocolate chip Brownie with Chocolate Sauce              | Pear crumble with Custard                     | Vanilla sponge with and Custard                        | Fresh cut fruits with Ice Cream                  |
| Choice of filled Baguettes, Seasonal Salads, Yoghurt, Fruit Served Daily<br><b>MENUS SUBJECT TO AVAILABILITY</b> |  |  |   |  |  |